



## Breakfast

### BREADS & BAKED GOODS

Bakery Basket | \$18  
selection of breads, muffins, croissants, Danish pastries  
(3 pieces)

English Muffin | \$5

Bagel | \$5  
plain or poppyseed

Toast | \$4  
seven grain, sprouted rye, white, gluten-free

### FRUITS, GRAINS & CEREALS

Granola | \$7  
yogurt, yogurt & berries

Yogurt | \$9

Seasonal Fruit Plate | \$18

Organic Cereals | \$7  
honey corn flakes, raisin bran, cheerios, shredded wheat

Berries | \$10

### EGGS

*all eggs are organic served with roasted potatoes, tomatoes, & a choice of toast*

Two Eggs Any Style | \$14

Omelet with Goat Cheese | \$18

Omelet, Baby Spinach & Gruyère Cheese | \$18

Egg White Omelet with Herbs | \$15

Eggs Benedict | \$23  
poached eggs, smoked ham, hollandaise sauce,  
English Muffin

Grass Fed Ribeye & Eggs | \$48

*consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness*

### PANCAKES

Buttermilk Pancakes | \$29.75  
with berries & banana

Brioche French Toast | \$16.75  
with seasonal fruit

### SMOKED FISH & BREAKFAST MEATS

avocado toast | \$15  
smoked salmon, sliced tomatoes, capers, cream cheese,  
toasted bagel | \$24

applewood smoked bacon | \$9.75

organic turkey bacon | \$10.75

smoked ham | \$9.75

pork sausage | \$9.75

chicken sausage | \$9.75

### HEALTHY ORGANIC BREAKFAST BOWLS

Greek Yogurt Bowl | \$15  
with toasted seeds, crisp oats, fresh berries & a pinch of bee pollen | *organic vegan coconut yogurt available*

Acai Bowl | \$15  
with toasted oats, peanut butter, sunflower seeds,  
blueberries, banana

Blended Acai Bowl | \$15  
with blueberries, banana & coconut topped with  
peanut butter, sunflower seeds

Chia Bowl | \$15  
chia is combined with coconut milk and topped with fresh  
berries, nuts, dates, lychee, berries and sunflower seeds

### Coffee / Tea

Regular or Decaf Coffee	\$3.50
Espresso	\$3.75
Teas	\$3.50
Latte	\$5.50
Cappuccino	\$5.00